



**WE TAKE CARE OF YOUR HEALTH
BY CREATING INNOVATIVE PRODUCTS**



**HIGHEST QUALITY FOOD SUPPLEMENTS
AT AFFORDABLE PRICES**



**European
Funds**
Infrastructure and Environment



**Republic
of Poland**

European Union
European Structural
and Investment Funds





GOOD MANUFACTURING PRACTICE (GMP)

- ✓ We offer the highest quality services in the area of product manufacturing and packaging
- ✓ We guarantee production compliant with GMP and ISO certificates
- ✓ The production is carried out with the use of equipment of leading global manufacturers
- ✓ Our chief assets include: flexibility, ability to upgrade and adjust the machine tooling in accordance with customer's requirements regarding a particular product
- ✓ We guarantee the implementation of services in the shortest time as possible
- ✓ We provide comprehensive project management and product development – “from an idea to the product”



PRODUCTION/SOURCING CAPABILITIES

- ✓ Food supplements – tablets, film-coated tablets, hard capsules, softgels
- ✓ Lollipops, hard candies
- ✓ Syrups and drops
- ✓ Medical devices i.a. eye drops, contact lenses solutions, ear care and nasal care products
- ✓ OTC drugs and dermocosmetics





BUSINESS MODEL

- ✓ Our key product groups are eye care products, medical devices, food supplements, functional sweets, OTC drugs, dermo cosmetics.
- ✓ At the present time there are more than 60 products in our portfolio, including functional sweets for kids available under "Denti-Pop Sugar Free Lollipop", "YUMIVITS" and "Healthy Bon-Bons Marssi" brand, food supplements "Strong" and "Forte" for adults and "IANA" medical devices.
- ✓ We provide support for private label and marketing activities, in order to promote it



PRIVATE LABEL

- ✓ We offer our formulas to serve as a base for your products
- ✓ We implement projects according to your formulas and ideas
- ✓ Let us know your idea and we will make it happen.



QUALITY & SAFETY

- ✓ Products in GMP standard
- ✓ 100% Recommended Daily Intake
- ✓ Wide range of products with a rich and innovative composition



Starpharma Sp. o.o. does not take liability for using any claims or statements used in this catalogue in labeling or advertising of the products placed on the market. Any company/entity that considers distributing Starpharma's products in its territory shall verify local requirements regarding labeling, category, notification.





VITAMINUM

60 capsules

D3 2000 IU Strong

Food supplement

Vitamin D helps maintain healthy bones and teeth as well as normal levels of calcium in blood. It helps muscles and the immune system to function properly. Vitamin D supports the body in absorbing and using calcium and phosphorus, and plays a role in cell division.

Indications:

- ✓ supports healthy bones, teeth and muscles
- ✓ helps maintain normal calcium levels in blood

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients. It is advisable to carry out a 25 - (OH)D test in blood and consult the result with your doctor or pharmacist before use.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content of 1 capsule	%NRV*
Vitamin D3	50 µg / 2000 IU	1 000%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

D3+K2 Strong

Food supplement

Vitamin D helps maintain healthy bones and teeth as well as normal levels of calcium in blood. It helps muscles and the immune system to function properly. Vitamin D supports the body in absorbing and using calcium and phosphorus as well as playing a role in cell division. Vitamin K contributes to normal blood clotting.

Indications:

- ✓ helps maintain healthy bones and immunity
- ✓ complements your diet with vitamin D3 and K2

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content of 1 capsule	%NRV*
Vitamin D3	50 µg / 2000 IU	1 000%
Vitamin K2	50 µg	67%

*NRV - daily reference intakes for vitamins and minerals (adults)



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content of 1 capsule	%NRV*
Vitamin C	1000 mg	1250%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

C 1000 mg Strong

Food supplement

Vitamin C supports the nervous and immune system as well as helping protect cells from oxidative stress. It also plays a role in collagen production for the normal function of blood vessels, bones, skin, teeth, cartilage and gums. Vitamin C helps support energy metabolism, reducing feelings of tiredness and fatigue as well as enhancing iron absorption.

Indications:

- ✓ complements your diet with vitamin C
- ✓ supports the immune system

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients, in patients with kidney stones or with predisposition to kidney stones formation.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content of 1 capsule	%NRV*
Vitamin C	80 mg	100%
Calcium	300 mg	38%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

C+Calcium Strong

Food supplement

Vitamin C contributes to normal collagen production for the normal function of blood vessels, bones, skin, teeth, cartilage and gums. It increases the absorption of iron, protects cells against oxidative stress and helps reduce tiredness and fatigue.

Calcium promotes normal muscular function and contributes to the normal function of digestive enzymes as well as normal neurotransmission. It also promotes normal blood clotting. Calcium plays a role in cell division and specialisation.

Indications:

- ✓ complements your diet with calcium and vitamin C

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients, in patients with kidney stones or with predisposition to kidney stones formation.



VITAMINUM

60 capsules

D3 4000 IU Strong

Food supplement

Vitaminum D3 contains in 1 capsule high dosage of Vitamin D3 - 4000 IU dissolved in sunflower oil. Vitamin D3 helps maintain healthy bones and teeth. It contributes to the normal functioning of muscles. It supports normal absorption of calcium and phosphorus. It helps normal functioning of the immune system.

Indications:

- ✓ supports healthy bones, teeth and muscles
- ✓ helps maintain normal calcium levels in blood

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a balanced diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. This product is intended for healthy individuals over 75 years of age. Do not use in case of hypersensitivity to any of the product ingredients. It is advisable to carry out a 25 - (OH)D test in blood and consult the result with your doctor or pharmacist before use.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content of 1 capsule	%NRV*
Vitamin D3	100 µg / 4000 IU	2 000%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

C 500 mg

Food supplement

Food supplement in the form of slow-release capsules, supplying the body with ascorbic acid of 1 capsule for around 8 - 12 hours. The gradual release of the Vitamin C protects against the increased excretion of vitamin metabolites through the kidneys, which may increase the risk of kidney stones.

Indications:

- ✓ complements your diet with Vitamin C in slow-release form, which protects against kidney stones.
- ✓ supports immune system

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in case of hypersensitivity to any of the product ingredients.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content of 1 capsule	%NRV*
Vitamin C	500 mg	625%

*NRV - daily reference intakes for vitamins and minerals (adults)



30 tablets

B12 100 µg Strong

Food supplement

Food supplement B12 100 µg Strong is a combination of 3 B-group vitamins: B6, B12 and folic acid enriched with vitamin E. Vitamins B6, B12 and folic acid help maintain normal homocysteine levels and produce healthy red blood cells. Moreover, vitamins B6 and B12 help support metabolism, reducing feelings of tiredness and fatigue as well as supporting the immune system and nervous system. In addition, vitamin B6 helps regulate hormonal activity. Folates promote normal synthesis of amino acids and have a role in the process of cell division. Vitamin E helps protect cells from oxidative stress.

Indications:

- ✓ helps support normal energy metabolism
- ✓ supports a healthy nervous system
- ✓ helps reduce feelings of tiredness and fatigue

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 tablet daily with water. Do not exceed the recommended dosage, i.e. 1 tablet daily. This product is intended for adults.

A food supplement cannot be used as a substitute (replacement) of a varied-diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients, pregnant and breastfeeding women.

Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 tablet	%NRV*
Vitamin B12	100 µg	4 000%
Vitamin B6	3 mg	214%
Folic acid	400 µg	200%
Vitamin E	10 mg	83%

*NRV - daily reference intakes for vitamins and minerals (adults)



30 capsules

A+E Strong

Food supplement

Vitaminum A+E Strong food supplement contains vitamin A and E. Vitamin A helps maintain normal skin and mucous membranes. In addition, it contributes to the normal function of the immune system as well as promoting normal vision. and iron metabolism. Vitamin E helps to protect cells against oxidative stress.

Indications:

- ✓ helps protect cells against oxidative stress
- ✓ complements your diet with Vitamin A and E
- ✓ supports normal skin

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients, pregnant and breastfeeding women.

Ingredient content in the daily recommended dosage of the product:

Ingredient	Content of 1 capsule	%NRV*
Vitamin E	20 mg	167%
Vitamin A	750 µg	94%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

D3+Calcium Strong

Food supplement

Vitaminum D3+Calcium Strong is a simple vitamin and mineral formula, combination known for its beneficial effect on bones. Calcium is needed to keep normal bones. Vitamin D also helps maintain normal bones. This product can be use to supplement diet in calcium and vitamin D. Vitamin D regulates the calcium absorption and its proper level in blood. The combination of these two ingrediens helps to maintain healthy bones.

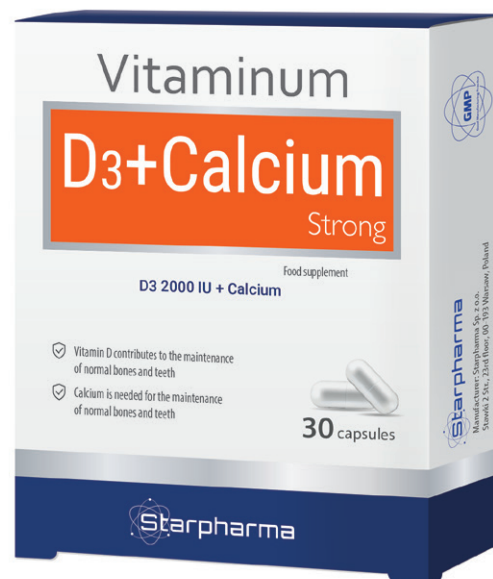
Indications:

- ✓ helps to maintain normal bones
- ✓ effects on bone mineral density

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recomended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content of 1 capsule	%NRV*
Vitamin D	50 µg / 2000 IU	1000%
Calcium	300 mg	38%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

C+Zinc Strong

Food supplement

Vitaminum C+Zinc Strong is a simple vitamin and mineral formula known for its beneficial effects on the immune system. Vitamin C and Zinc help in the proper functioning of the immune system and also help protect cells against oxidative stress. Vitamin C contributes to the reduction of tiredness and fatigue.

Indications:

- ✓ complements your diet with vitamin C and Zinc
- ✓ contributes to the normal function of the immune system

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recomended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content of 1 capsule	%NRV*
Vitamin C	500 mg	625%
Zinc	7,5 mg	75%

*NRV - daily reference intakes for vitamins and minerals (adults)



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content of 1 capsule	%NRV*
Vitamin D	50 µg / 2000 IU	1000%
magnesium	100 mg	26,7%
Vitamin B6	1,4 mg	100%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

D3+Magnesium Strong

Food supplement

Vitaminum D3+Magnesium Strong complements the diet in magnesium enriched with the vitamin D. Vitamin D3 supports the proper functioning of the immun. Magnesium contributes to the reduction of tiredness and fatigue. Both vitamin D3 and magnesium help maintain healthy bones and teeth. Product contains one the best-absorbed forms of mangesium in a form of citrate and vitamin D3 in high dosage 2000 IU.

Indications:

- ✓ supplements the diet with magnesium and vitamin D3
- ✓ supports the proper functioning of the immune system
- ✓ contributes to the reduction of tiredness

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recomended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content of 1 capsule	%NRV*
Vitamin A	800 mcg	100%
Vitamin D3	50 µg / 2000 IU	1000%
Vitamin E	12 mg	100%
Vitamin K	75 mcg	100%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 softgels

A+D+E+K Premium Strong

Food supplement

The highest possible doses of fat-soluble vitamins necessary for a proper diet. Vitaminum ADEK Premium Strong is a set of fat-soluble vitamins. Vitamin A has a positive effect on maintaining skin health and normal vision. Vitamin E supports the protection of DNA, proteins and lipids. Vitamin D supports the maintenance of the proper condition of teeth and bones, the absorption and use of calcium and phosphorus. It supports cell division and the functioning of the immune system. Vitamin K helps to maintain the proper condition of the bones, and also contributes to proper blood clotting, supports the health of the skin and mucous membranes. The highest possible doses of fat-soluble vitamins necessary for a proper diet.

Indications:

- ✓ complements your diet with Vitamins A, D, E and K.
- ✓ has a positive effect on maintaining skin health and normal eyesight.
- ✓ supports the protection of DNA, proteins, lipids.
- ✓ supports the maintainance of the proper condition of teeth and bones.

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in case of hypersensitivity to any of the product ingredients.



VITAMINUM & IMMUNITY

30 softgels

A+D+E+K Strong

Food supplement

Optimal doses of fat-soluble vitamins necessary for a proper diet. Vitaminum ADEK Strong is a set of fat-soluble vitamins. Vitamin A has a positive effect on maintaining skin health and normal vision. Vitamin E supports the protection of DNA, proteins and lipids. Vitamin D supports the maintenance of the proper condition of teeth and bones, the absorption and use of calcium and phosphorus. It supports cell division and the functioning of the immune system. Vitamin K helps to maintain the proper condition of the bones, and also contributes to proper blood clotting, supports the health of the skin and mucous membranes. The highest possible doses of fat-soluble vitamins necessary for a proper diet.

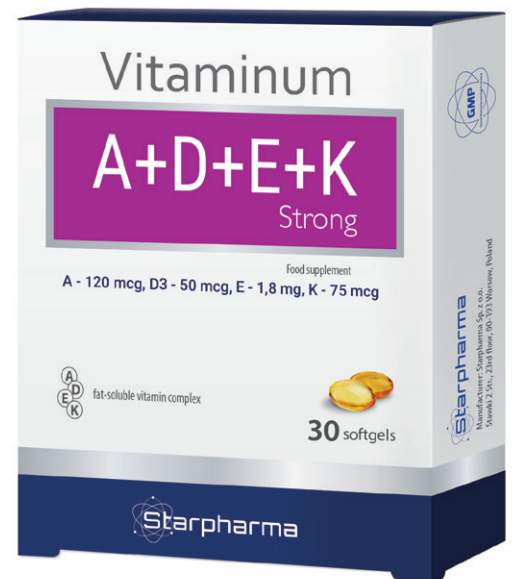
Indications:

- ✓ complements your diet with Vitamins A, D, E and K.
- ✓ has a positive effect on maintaining skin health and proper eyesight.
- ✓ supports the protection of DNA, proteins, lipids.
- ✓ supports the maintenance of the proper condition of teeth and bones.

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in case of hypersensitivity to any of the product ingredients.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content of 1 capsule	%NRV*
Vitamin A	120 mcg	15%
Vitamin D3	50 µg / 2000 IU	1000%
Vitamin E	1,8mg	15%
Vitamin K	11,25 mcg	15%

*NRV - daily reference intakes for vitamins and minerals (adults)

60 capsules

Omega3 forte

Food supplement

The food supplement Omega 3 Forte completes the diet in fatty acids Omega 3: eicosapentaenoic acid EPA and docosahexaenoic acid DHA. DHA and EPA fatty acids contribute to the normal functioning of the heart (a beneficial effect occurs when consuming 250 mg of EPA and DHA per day).

Indications:

- ✓ supplements the daily diet with fatty acids Omega3: EPA and DHA.

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 2 capsules daily with water. Do not exceed the recommended daily dosage, i.e. 2 capsules daily. The product is intended for adults.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. The product is intended for adults. Do not use in the case of hypersensitivity to any of the product ingredients.



Ingredient content in the daily recommended dosage of the product:

Ingredient	2 capsules contain
Fish oil including	1000 mg
- eicosapentaenoic acid (EPA)	180 mg
- docosahexaenoic acid (DHA)	120 mg



Ingredient content in the daily recommended dosage of the product:

Ingredient	2 capsules contain
Shark liver oil, including:	800 mg
alkylglycerols	160 mg
squalene	13,6 mg

60 capsules

SharkOil Strong

Food supplement

Shark Oil Strong contains shark liver oil, which contains alkylglycerols and squalene.

Indications:

- ✓ supplements the diet with squalene and alkylglycerols

Recommended daily dosage, necessary for the beneficial influence of the product:

Adults and children over 6 years of age: take 2 capsules daily with water. For people who have difficulty swallowing, the contents of the capsules can be squeezed out and taken with food. Do not exceed the recommended daily dosage, i.e. 2 capsules daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule
Cod liver oil, including:	400 mg
Eicosapentaenoic acid	32 mg
Docosahexaenoic acid	48 mg

60 capsules

Codliver Oil Strong

Food supplement

The food supplement CodliverOil completes the diet in fatty acids Omega 3: eicosapentaenoic acid EPA and docosahexaenoic acid DHA. DHA and EPA fatty acids contribute to the normal functioning of the heart (a beneficial effect occurs when consuming 250 mg of EPA and DHA per day).

Indications:

- ✓ weakened immunity

Recommended daily dosage, necessary for the beneficial influence of the product:

Adults and children above 6 years of age: 1 capsule a day before a meal with water. For people having difficulty with swallowing, capsules can be squeezed and taken with food. Do not exceed the recommended daily dose, i. e. 1 capsule a day. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



VITAMINUM / UNIQUE COMPOSITIONS

30 capsules

Magnesium Strong

Food supplement

Magnesium contributes to maintaining normal energy metabolism, plays a role in the process of cell division, helps in proper protein synthesis, helps maintain healthy teeth and healthy bones. Magnesium helps to maintain normal psychological functions and proper functioning of the nervous system. Magnesium contributes to the reduction of tiredness and fatigue. Magnesium helps in proper functioning of muscles and helps to maintain electrolyte balance.

Indications:

- ✓ complements your diet with magnesium

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 2 capsules daily with water. Do not exceed the recommended daily dosage, i.e. 2 capsules daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients, pregnant and breastfeeding women.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	%NRV*	Content in 2 capsules	%NRV*
Magnesium	100 mg	26,7%	200 mg	53,3%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

Ferra Strong

Food supplement

Iron and vitamin C contribute to the reduction of tiredness and fatigue, help in the normal functioning of the immune system, and contribute to the maintenance of normal energy metabolism. Iron helps in the normal transport of oxygen in the body and plays a role in the process of cell division. Iron helps in the normal production of red blood cells and hemoglobin. Iron helps maintain normal cognitive functions. Vitamin C increases the absorption of iron. It helps to protect cells against oxidative stress.

Indications:

- ✓ supports in the normal production of red blood cells and hemoglobin
- ✓ supplements iron deficiency in the diet

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 2 capsules daily with water. Do not exceed the recommended daily dosage, i.e. 2 capsules daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients, pregnant and breastfeeding women.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	%NRV*	Content in 2 capsules	%NRV*
Iron	10 mg	71,4%	20 mg	142,9%
Vitamin C	40 mg	50%	80 mg	100%
Powdered red beetroot	400 mg	-	800 mg	-

*NRV - daily reference intakes for vitamins and minerals (adults)



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content of 1 capsule	%NRV*	Content of 2 capsules	%NRV*
Himalayan mumijo (shilajit extract)	200 mg		400 mg	
Vitamin C	500 mg	625%	1000 mg	1250%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

Mumijo Strong

Food supplement

Food supplement Mumijo Strong is a high-quality, natural extract from Shilajit harvested at the foot of the Indian Himalayas, containing 20% folic acids. Himalayan mumijo has been used for centuries in natural Ayurvedic medicine as a means of adaptogenic - rejuvenating and immunomodulating - that is, strengthening the immune system. The shilajit extract contained in Mumijo Strong is 100% natural and does not contain residues of organic solvents harmful to health.

Indications:

- ✓ contributes to the normal function of the immune system.

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content of 1 capsule	%NRV*	Content of 2 capsules	%NRV*
Iodine	100 mcg	66,7%	200 mcg	133%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 tablets

Iodine Strong

Food supplement

IODINE Strong is a food supplement in the form of tablets, with multiple properties. Iodine in particular is valued as a thyroid supplement, also recommended for pregnant and lactating women. The demand of iodine for pregnant women is 250 micrograms, and even 290 micrograms during the lactation period. Due to the increased demand of the body for iodine during pregnancy (220 mg) and lactation (290 mg), it is recommended to supplement the diet with iodine.

Indications:

- Contributes
- ✓ to the normal production of thyroid hormones and normal thyroid function.
- ✓ to the normal cognitive function, as well as contributes to the maintenance of normal skin.
- ✓ to normal energy-yielding metabolism and to normal functioning of the nervous system.

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 tablet daily with water. Do not exceed the recommended daily dosage, i.e. 1 tablet daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



IMMUNITY & BALANCE

30 capsules

Immuno Strong

Food supplement

Food supplement Immuno Strong contains purple echinacea herb extract, licorice root extract, cat's claw bark extract, dried astragalus root, vitamin C and zinc. Echinacea and cat's claw support the immune system. Licorice supports the upper respiratory tract. Tragacanth supports the body's natural defenses. Vitamin C and zinc help in the proper functioning of the immune system.

Indications:

- ✓ immunity support

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a balanced diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. The product is intended for adults. Do not use in the case of hypersensitivity to any of the product ingredients, pregnant and breastfeeding women. Due to the content of Echinacea herb extract, the food supplement should be used for no longer than 10-14 days when administered daily. The product should not be used in patients with tuberculosis, leukemia, collagenosis, multiple sclerosis, AIDS, HIV-infected, autoimmune diseases.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content of 1 capsule	%NRV*
Dried root of astragalus membranaceus (Astragalus membranaceus)	250 mg	-
Purple coneflower herb extract (Echinacea purpurea) DER 4: 1	100 mg	-
Vitamin C	100 mg	125%
Licorice root extract (Glycyrrhiza glabra) DER 2: 1	20mg	-
Cat's claw bark extract (Uncaria tomentosa) DER 4: 1	15 mg	-
Zinc	10 mg	100%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

Colostrum Strong

Food supplement

Colostrum Strong food supplement contains cow's milk colostrum and vitamin C. Colostrum obtained from the first food after calving, contains naturally occurring immunological factors (antibodies) 30% G-type immunoglobulins (IgG). Immunoglobulins are antibodies or cells of the immune system that support its proper functioning. Vitamin C supports the proper functioning of the immune system.

Indications:

- ✓ immunity support

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients, pregnant and breastfeeding women.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content of 1 capsule	%NRV*
Cow's milk colostrum, including immunoglobulin G (IgG)	500 mg 150 mg	-
Vitamin C	80 mg	100%

*NRV - daily reference intakes for vitamins and minerals (adults)



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 tablet	%NRV*
Horsetail herb extract (Equisetum arvense L.)	50 mg	-
Vitamin C	30 mg	38%
Nettle herb extract (Urtica dioica L.)	27 mg	-
Zinc	3,93 mg	39%
Thiamine	0,55 mg	50%
Biotin	1 mg	2000%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 tablets

Beauty Boost

Food supplement

Horsetail herb helps to maintain the proper condition of the skin, hair and nails. Biotin helps maintain healthy skin and hair. Zinc helps maintain healthy hair, skin and nails. It takes part in the process of cell division. Vitamin C helps in the proper production of collagen to ensure the proper functioning of the skin. Zinc and vitamin C help protect cells against oxidative stress.

Indications:

- ✓ supports the maintenance of healthy hair, skin and nails

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 tablet daily with water. Do not exceed the recommended daily dosage, i.e. 1 tablet daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy life-style. Do not use in the case of hypersensitivity to any of the product ingredients, pregnant and breastfeeding women.



60 tablets

Dermo Beauty forte

Food supplement

In service of female beauty. Package for 2 months. Preserving the proper level of skin hydration, maintaining hair and nails in good condition.

Indications:

- ✓ the only complex formulation that combines the properties of evening primrose, horsetail and nettle extracts, zinc and biotin in one tablet
- ✓ plays an important role in maintaining beautiful and healthy-looking skin, hair and nails
- ✓ supports proper hydration of the skin, its elasticity and flexibility
- ✓ strengthens brittle hair and nails, improving their condition

Recommended daily dosage, necessary for the beneficial influence of the product:

1 tablet a day. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients

Ingredient	Content in 1 tablet	%NRV*
Horsetail extract (Equisetum arvense)	103,5 mg	-
Nettle extract (Urtica dioica)	43,5 mg	-
Evening primrose extract (Oenothera biennis)	27 mg	-
Zinc (zinc gluconate)	10 mg 70 mg	100%
Biotin	50 µg	100%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 tablets

Slim Strong

Food supplement

Food supplement SlimStrong is rich of cayenne pepper extract, Red tea extract, Common bean extract, L-carnitine tartrate, zinc, chromium. Capsaicin helps to maintain the proper level of lipids, stimulates the oxidation of fat and carbohydrates. ¹Zinc contributes to the maintenance of normal carbohydrate metabolism. Zinc and chromium contribute to the maintenance of the proper metabolism of macronutrients. Chromium helps maintain normal blood glucose levels.

Indications:

- ✓ metabolism support

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 tablet 2 times daily with water. Do not exceed the recommended daily dosage, i.e. 2 tablets daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients and breastfeeding women. Food supplement SlimStrong contains caffeine; it is not recommended for children and pregnant women (32 mg/daily dose of the product, i.e. 2 tablets).



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 2 tablets	%NRV*
Cayenne pepper leaf extract where 8% of capsaicin is	62,5 mg 5 mg	
Red tea leaf extract including caffeine	400 mg 32 mg	
Common bean seed extract	200 mg	
L-carnitine tartrate including L-carnitine	100 mg 68 mg	
Zinc	10 mg	100%
Chromium	40 µg	100%
Niacin	16 mg	100%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 tablets

Slim Burn Forte

Food supplement

The active ingredients of the food supplement SlimBurnForte help weight loss and maintaining a healthy weight. It helps help with improving metabolism, by accelerating fat burning and removing superfluous toxins. SlimBurnForte slows down the aging process and has a positive influence on mood, skin, hair and nails. Helps to reduce tiredness and fatigue and positively influences the hormonal balance.

Indications:

- ✓ helps to control body weight
- ✓ helps to reduce sense of hunger and appetite
- ✓ helps to keep normal sugar and fat level in blood

Recommended daily dosage, necessary for the beneficial influence of the product:

1 tablet 2 times a day. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients and breastfeeding women.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 2 tablets	%NRV*
Green tea leaf extract	400 mg	
Garcinia Cambogia extract	300 mg	
Zinc	5 mg	50%
Vitamin B6	1 mg	71 %
Chromium	40 mcg	100%

*NRV - daily reference intakes for vitamins and minerals (adults)



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 2 tablets	%NRV*
Vitamin C	60 mg	75%
Spirulina	50 mg	
Iron	16,8 mg	120 %
Vitamin B6	1,4 mg	100%
Folic acid	200 mcg	100%
Vitamin B12	2,5 mcg	100%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 tablets

AnemioLadyForte

Food supplement

The active ingredients of the food supplement AnemioLadyForte help in the reduction of tiredness as well as fatigue and complement deficiency of iron during, in particular:

- ✓ Menstruation
- ✓ Pregnancy

Indications:

- ✓ Anemia
- ✓ Iron deficiency

Recommended daily dosage, necessary for the beneficial influence of the product:

1 tablet a day. Do not exceed the recommended daily dosage, i.e. 1 tablet. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in case of hypersensitivity to any of the product ingredients.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	%NRV*
Folic acid	400 mcg	200 %

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

Folic Acid Strong

Food supplement

Folic Acid Strong is a food supplement for pregnant women, planning pregnancy and during breastfeeding - contains methylated folic acid. Folic acid contributes to the proper growth of maternal tissues during pregnancy. Affects the concentration of folates in the blood and the risk of developing neural tube defects.

Indications:

- ✓ complements your diet with folic acid

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1-2 capsules daily with water. Do not exceed the recommended daily dosage, i.e. 2 capsules daily. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in case of hypersensitivity to any of the product ingredients.



UNIQUE COMPOSITIONS

60 tablets

Osteo Strong

Food supplement

Osteo Strong contains calcium from calcium carbonate, vitamins D and K2. Calcium, Vitamins D and K help maintain healthy bones. Calcium and vitamin D contribute to normal muscle function and maintenance of normal teeth. Vitamin D contributes to normal absorption/utilisation of calcium and phosphorus and maintenance of normal blood calcium levels.

Indications:

- ✓ vitamin D, K and calcium deficiency
- ✓ for the elderly ones
- ✓ during autumn and winter, when there is a low sun exposure, and the synthesis of vitamin D is insufficient and the risk of its deficiency is higher

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 2 capsules daily with water. Do not exceed the recommended daily dosage, i.e. 2 capsules daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in case of hypersensitivity to any of the product ingredients. The product is not intended for pregnant women, nursing mothers and children. Particular care should be taken when using other preparations containing vitamin D.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content of 2 capsules	%NRV*
Calcium total including Calcium naturally occurring in the mold of Lithothamnion sp.	600 mg	75%
Calcium from calcium carbonate	400 mg	
Vitamin K2	200 mg	
Vitamin D	75 mcg	100%
	50 mcg	1000%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

JointsFlex Strong

Food supplement

JointsFlex Strong contains glucosamine sulfate, chondroitin sulphate, methylsulfonylmethane, extract from Indian frankincense (*Boswellia serrata*) resin, ginger rhizome extract, vitamin C, hyaluronic acid and manganese. ¹*Boswellia serrata* supports the functioning of joints. The ginger rhizome supports the maintenance of the proper condition of the joints. Vitamin C helps in the proper production of collagen to ensure the proper functioning of cartilage. Manganese helps in the correct formation of connective tissues. Hyaluronic acid naturally occurs in the articular cartilage and joint mass.

Indications:

- ✓ support for proper functioning of joints

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 capsules daily. This product is intended for adults. Not intended for pregnant or nursing women. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content of 1 capsule	%NRV*
Glucosamine sulfate	500 mg	-
Chondrone sulfate	100 mg	-
Vitamin C	80 mg	100%
MSM (methylsulfonylmethane)	40 mg	-
Frankincense resin extract including boswellic acids	40 mg	-
Ginger root extract with a concentration ratio of DER 10:1	26 mg	-
Ginger rhizome extract based on dried ginger rhizome	40 mg	-
Hyaluronic acid	400 mg	-
	10 mg	-
Manganese	1 mg	50%

*NRV - daily reference intakes for vitamins and minerals (adults)



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	%NRV*
Ruscus aculeatus L. root extract incl. ruscogenin	150 mg 6 mg	
Bitter orange fruit extract (Citrus aurantium L.) incl. hesperidin	183 mg 150 mg	
Vitamin C	100 mg	125 %

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

Vena3 Strong

Food supplement

Vena3 Strong contains an extract from ruscus aculeatus, which supports venous circulation in the legs as well as vitamin C and hesperidin. Extract from ruscus aculeatus helps to reduce swelling of legs, brings relief and feeling of lightness to your legs. Vitamin C supports cell protection against oxidative stress and helps in the proper production of collagen, for the normal function of blood vessels, skin, bones and cartilage.

Indications:

- ✓ supports venous circulation
- ✓ brings relief and feeling of lightness to your legs
- ✓ is recommended for people who have sedentary work or standing work mode, so they feel discomfort associated with the impression of heavy legs.

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 tablet daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy life-style. Do not use in case of hypersensitivity to any of the product ingredients. The product is not intended for pregnant women, nursing mothers and children.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 sachet	%NRV*
pork collagen hydrolyzate	320 mg	
hyaluronic acid	100 mg	

*NRV - daily reference intakes for vitamins and minerals (adults)

30 sachets

Collagen Strong

Food supplement

Collagen Strong contains collagen and hyaluronic acid in powder form. Collagen is one of the most important proteins in the human body, which forms the building blocks of the cartilage matrix and occurs in tendons and other tissues. Hyaluronic acid is one of the basic component of articular cartilage.

Indications:

- ✓ supporting the functioning of joint
- ✓ in case of joint tension
- ✓ for healthy bones and joints

Recommended daily dosage, necessary for the beneficial influence of the product:

Adults – 1 sachet a day. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in case of hypersensitivity to any of the product ingredients.



UNIQUE COMPOSITIONS

30 tablets

β-KarotenSun forte

Food supplement

β-CaroteneSun forte contains beta-carotene (vitamin A) and vitamins C and E. Vitamins C and E help protect cell from oxidative stress. Additionally, vitamin C supports the regeneration of the reduced form of vitamin E. ¹Vitamin C contained in the preparation contributes to normal collagen formation for the normal function of blood vessels, skin, bones and cartilage. In addition, vitamin C has a positive effect on the immune and nervous systems, contributes to the reduction of fatigue and tiredness, and increases the absorption of iron.

Indications:

- ✓ helps protect cells from oxidative stress
- ✓ supplements the diet with vitamin A, C and E
- ✓ supports in maintaining healthy skin

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 tablet daily with water. Do not exceed the recommended daily dosage, i.e. 1 tablet daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients, pregnant and breastfeeding women.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 tablet	%NRV*
Beta-carotene Content of beta-carotene expressed as vitamin A	6 mg 1002 µg	125%
Vitamin C	12 mg	15%
Vitamin E	6 mg	50%

*NRV - daily reference intakes for vitamins and minerals (adults)

40 tablets

Hepa Strong

Food supplement

Active ingredients of the food supplement Hepa Strong protect the liver cells, especially when the diet is inadequate and when excessive alcohol consumption or increased medicine intake is present. Intensifies the cleansing and detoxification process. Regenerates damaged liver cells and supports the liver.

Indications:

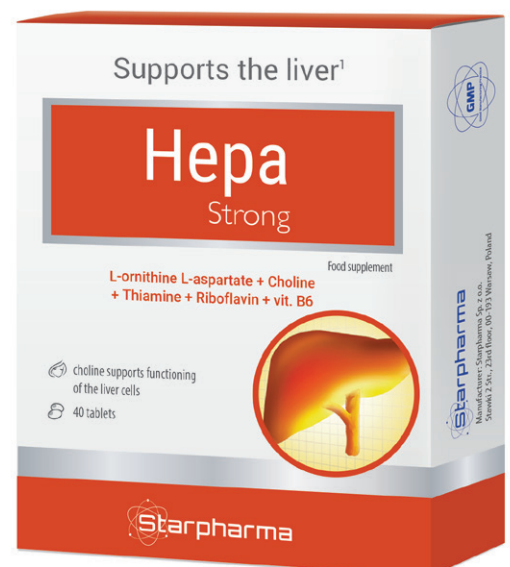
Supporting the liver cells when:

- ✓ exposed to inadequate diet
- ✓ exposed to excessive alcohol consumption or increased medicine intake

Complements the diet with B vitamins

Recommended daily dosage, necessary for the beneficial influence of the product:

1 tablet 2 times a day. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in case of hypersensitivity to any of the product ingredients.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 2 tablets	%NRV*
L-ornithine L-aspartate	200 mg	
Choline	82.5 mg	
Vitamin B6	6 mg	71%
Riboflavin	0.8 mg	57%
Thiamine	0.7 mg	64%

*NRV - daily reference intakes for vitamins and minerals (adults)



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	Content in 2 capsules
Inulin	150 mg	300 mg
Bifidobacterium bifidum NBIMCC 8328	2 x 10 ⁸ CFU**	4 x 10 ⁸ CFU**
Bifidobacterium longum NBIMCC 8329	2 x 10 ⁸ CFU**	4 x 10 ⁸ CFU**
Bifidobacterium infantis NBIMCC 8909	2 x 10 ⁸ CFU**	4 x 10 ⁸ CFU**
Lactobacillus bulgaricus NBIMCC 8917	5 x 10 ⁸ CFU**	10 x 10 ⁸ CFU**
Lactobacillus acidophilus NBIMCC 8242	5 x 10 ⁸ CFU**	10 x 10 ⁸ CFU**
Streptococcus thermophilus NBIMCC 8714	4 x 10 ⁸ CFU**	8 x 10 ⁸ CFU**

*NBIMCC – National Bank of Industrial Microorganism and Cell Cultures, Bulgaria

**CFU - colony forming unit

10 capsules

Laciflor Strong

Food supplement

Laciflor Strong is a complex food supplement containing six specially selected strains of bacteria and inulin. Food supplement Laciflor Strong supplements your diet with inulin and bacteria from genus Lactobacillus, Bifidobacterium and Streptococcus:

- in the autumn and winter season
- while travelling

Indications:

- ✓ supplements diet with selected bacterial strains and inulin

Recommended daily dosage, necessary for the beneficial influence of the product:

Adults and children: 1 capsule once or twice a day (preferably after a meal). Recommended to take in the morning (after a meal) and in the evening (after a meal) before going to bed. Laciflor Strong food supplement can be used in children over 3 years old, who are able to swallow a capsule. Do not exceed the recommended daily dose, i.e. 2 capsules per day.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 tablet	%NRV*	Ingredient	Content in 1 tablet	%NRV*
Magnesium	60 mg	16%	Vitamin B6	0,85 mg	61%
Vitamin C	48 mg	60%	Thiamine	0,7 mg	64%
Iron	12 mg	86%	Vitamin A	500 µg	63%
Zinc	9,4 mg	94%	Folic acid	220 µg	110%
Niacin	8,8 mg	55%	Iodine	150 µg	100%
Vitamin E	6 mg	50%	Selenium	48 µg	87%
Pantothenic acid	6 mg	100%	Biotin	30 µg	60%
Riboflavin	0,9 mg	64%	Vitamin B12	1,3 µg	52%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 coated tablets

Vita Strong

Food supplement

Vita Strong is a complex of vitamins and minerals. ¹Vitamins C, B6, B12 help in the proper functioning of the immune system and nervous system, as well as contribute to the maintenance of normal energy metabolism and to reduce feelings of fatigue and tiredness. Vitamins C, E, riboflavin, zinc and selenium help protect cells from oxidative stress. Magnesium and zinc help maintain healthy bones. Vitamin A, riboflavin, niacin, biotin, zinc and iodine help maintain healthy skin. Biotin, selenium and zinc help maintain healthy hair. Zinc and vitamin A help maintain normal vision.

Indications:

- ✓ supplements diet with a rich set of vitamins and minerals

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 tablet daily with water. Do not exceed the recommended daily dosage, i.e. 1 tablet daily. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients. Not suitable for pregnant or nursing mothers or children.



UNIQUE COMPOSITIONS

30 tablets

Diabeto Strong

Food supplement

Diabeto Strong contains white mulberry leaf extract, Gymnema sylvestre leaf extract, Ceylon cinnamon bark extract, zinc and chromium. ¹Gymnema sylvestre extract and chromium help maintain normal carbohydrate metabolism. White mulberry extract may contribute to maintaining the balance of carbohydrate metabolism in the body.

Indications:

- ✓ supports in maintaining normal blood sugar levels

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 tablet 2 times daily with water. Do not exceed the recommended daily dosage, i.e. 2 tablets daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients. Not suitable for pregnant or nursing mothers. In persons using insulin therapy or oral hypoglycemic drugs, use after consultation with a physician.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 2 tablets	%NRV*
Extract of white mulberry leaves (Morus alba L.)	500 mg	
Gymnema sylvestre leaf extract	400 mg	
Extract from bark of Ceylon cinnamon tree (calculated as dried bark of Ceylon cinnamon)	15 mg (203 mg)	
Zinc	3 mg	30%
Chromium	40 µg	100%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 tablets

Calm Strong

Food supplement

¹Valerian root and passion flower support relaxation, calmness and sleep. Hops supports falling asleep.

Indications:

- ✓ facilitates falling asleep and staying asleep

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 tablet daily with water. Do not exceed the recommended daily dosage, i.e. 1 tablet daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients. Not suitable for pregnant or nursing mothers.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 tablet
Extract from hops (Humulus lupulus L.)	100 mg
Valerian root extract (Valeriana officinalis L.)	50 mg
Passion flower extract (Passiflora incarnata L.)	50 mg



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 tablet	Content in 2 tablets
Gentian root extract	40 mg	80 mg
Mullein extract	40 mg	80 mg
Elderberry extract	40 mg	80 mg
Common verbena extract	40 mg	80 mg
Andrographis paniculata extract	40 mg	80 mg
Rutin	10 mg	20 mg

*NRV - daily reference intakes for vitamins and minerals (adults)

60 tablets

SinuStrong forte

Food supplement

SinuStrong forte is a carefully selected composition of natural ingredients, exhibiting multi-directional, beneficial effect on the respiratory tract. Andrographis paniculata is one of the strongest antimicrobial herbs – has intense anti-inflammatory effect, prevents common cold and reduces its symptoms. The elderberry extract promotes mucus production in the sinuses and their self-cleansing, also provides support for the body's protective mechanisms and the whole immune system. Mullein extract helps soothe the throat and vocal cords, as well as contributes to normal and easy breathing and supports natural immunity. The common verbena extract helps to increase the body's immunity during the autumn and winter seasons.

Indications:

- ✓ helps the self-cleaning of the sinuses
- ✓ regenerates the mucosa
- ✓ enhances the proper functioning of the respiratory system

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 tablet 2 times a day with water. Do not exceed the recommended daily dosage, i.e. 2 tablets daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy life-style. Do not use in case of hypersensitivity to any of the product ingredients. The product is not intended for pregnant women, nursing mothers and children.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 tablet	%NRV*	Content in 2 tablets	%NRV*
Cranberry fruit extract (Vaccinium macrocarpon)	200 mg		400 mg	
Vitamin C	26 mg	33%	52 mg	65%
Parsley root extract (Petroselinum Crispum)	25 mg		50 mg	

*NRV - daily reference intakes for vitamins and minerals (adults)

30 tablets

Uro Strong

Food supplement

Uro Strong contains Vitamin C, cranberry extract and parsley extract. Parsley root extract helps to support the excretory function of the kidneys. Vitamin C contributes to the protection of cells from oxidative stress.

Indications:

- ✓ helps support the excretory function of the kidneys

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 tablet 2 times a day with water. Do not exceed the recommended daily dosage, i.e. 2 tablets daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy life-style. This product is intended for adults. Do not use if you are allergic to any of the ingredients or are pregnant or breastfeeding woman; if suffer from renal calculus or osteoporosis – consult a physician before taking this supplement.



UNIQUE COMPOSITIONS

30 capsules

Always Control

Food supplement

Always Control is a food supplement for women of all ages struggling with discomfort during menstruation. Chasteberry and Asparagus contribute to the proper process of the menstrual cycle. Both ingredients help soothe the discomfort of the premenstrual period. Vitamin K contributes for better blood clotting. Iron helps in the proper production of red blood cells and hemoglobin. Vitamin C increases the absorption of iron, helps in the proper production of collagen to ensure the proper functioning of blood vessels.

Indications:

- ✓ helps regulate the monthly cycle
- ✓ supports during PMS (premenstrual syndrome)
- ✓ complements your diet with vitamin C, vitamin K, iron

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in case of hypersensitivity to any of the product ingredients.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	%NRV*
Chasteberry	15 mg	
Asparagus	100 mg	
Vitamin C	12 mg	15%
Iron	2,1 mg	15%
Vitamin K	75 mcg	100%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

Meno Control

Food supplement

Meno Control is a formula created for women during menopause alleviate its symptoms, such as hot flashes, sweating, anxiety, irritability. Product contains isoflavones, that is, phytoestrogens, which are reduced during menopause.

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in case of hypersensitivity to any of the product ingredients.



Ingredient content in the daily recommended dosage of the product:

Meno Control Day

Ingredient	Content in 1 capsule	%NRV*
Soy (isoflavones)	40 mg	
Pantothenic acid	6 mg	100 %
Vitamin B6	1,4 mg	100 %

Ingredient	Content in 1 capsule	%NRV*
Red clover (isoflavones)	20 mg	
Pantothenic acid	6 mg	100%
Ashwaganda	200 mg	
Vitamin B6	1,4 mg	100%

*NRV - daily reference intakes for vitamins and minerals (adults)

Meno Control Night

Ingredient	Content in 1 capsule	%NRV*
Red clover (isoflavones)	20 mg	
Melatonin	1 mg	
Valerian	150 mg	
Melissa	200 mg	
Passiflora	75 mg	-
Hop	100 mg	-



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	%NRV*
Peppermint	150 mg	
Artichoke	150 mg	
Boswelliaserrata	20 mg	
Dandelion	35 mg	
Choline	41,25mcg	

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

Gastro Control

Food supplement

Gastro Control has been developed to relieve gas and flatulence issues. Dandelion has a prebiotic effect, beneficial in the treatment of gastrointestinal disturbance. Choline contributes to the maintenance of normal fat metabolism. Boswellia serrata has a positive effect at irritable bowels, bowels inflammatory diseases. Mint and artichoke support proper digestion.

Indications:

- ✓ helps to maintain normal liver function
- ✓ contributes to normal homocysteine metabolism
- ✓ contributes to normal lipid metabolism

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 2 capsules daily with water. Do not exceed the recommended daily dosage, i.e. 2 capsules daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in case of hypersensitivity to any of the product ingredients.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	%NRV*	Content in 2 capsules	%NRV*
Feverfew	75 mg		150 mg	
White willow	200 mg		400 mg	
Riboflavin (vitamin B2)	1,4 mg	100%	2,8 mg	200%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

Migrenella Control

Food supplement

Migranella Control is a food supplement with feverfew. In the herbal literature, the feverfew is recommended as a herbal remedy for migraine and headache. Feverfew has analgesic activity in migraine. White willow contains salicylates that have an anti-migraine effect. Riboflavin (vitamin B2) contributes to normal functioning of the nervous system.

Indications:

- ✓ contributes to relieve the symptoms of migraine
- ✓ reduces the incidence of a new migraine attack
- ✓ contributes to normal functioning of the nervous system

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1-2 capsules daily if necessary. Do not exceed the recommended daily dosage, i.e. 2 capsules daily. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



UNIQUE COMPOSITIONS

30 capsules

Uri Control

Food supplement

Uri Control contains herbal and fruit extracts, which support functioning of urinary tract. Common agrimony and cranberry contribute to the proper functioning of the urinary system. Birch and parsley support the excretory function of the kidneys.

Indications:

- ✓ helps to support kidneys health
- ✓ helps maintain urinary health
- ✓ supports the excretory function of the kidneys

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in case of hypersensitivity to any of the product ingredients.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	%NRV*
Vitamin C (L-ascorbic acid)	120 mg	150%
Birch	100 mg	
Parsley	200 mg	
Common agrimony	150 mg	
Dandelion	70 mg	-
Cranberry (proanthocyanidins)	15 mg	

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

Cardio Control

Food supplement

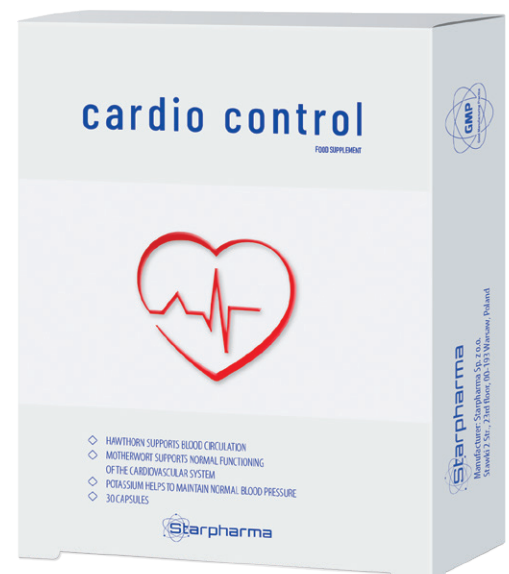
Cardio Control is food supplement of natural origin, which thanks to its ingredients supports the work of the heart and blood supply to the heart while maintaining the correct blood pressure. Hawthorn supports circulation. The motherwort supports the proper functioning of the cardiovascular system. Potassium helps maintain normal blood pressure. Thiamin helps in the proper functioning of the heart.

Indications:

- ✓ supports the proper functioning of the cardiovascular system
- ✓ helps maintain normal blood pressure
- ✓ helps in the proper functioning of the heart

Recommended daily dosage, necessary for the beneficial influence of the product:

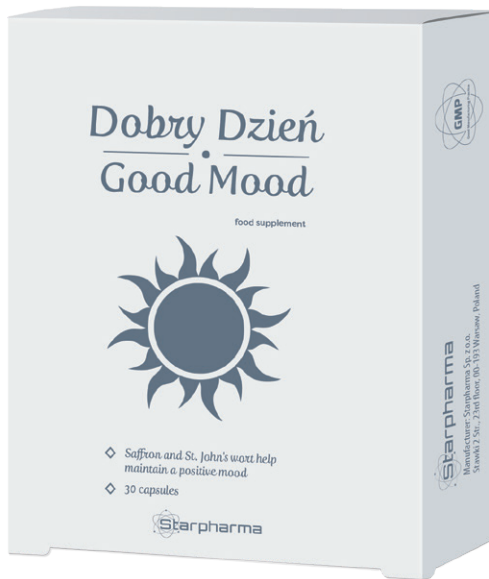
Take 1 capsule daily. Do not exceed the recommended daily dosage, i.e. 1 capsule daily. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	%NRV*
Hawthorn	150 mg	
Motherwort	25 mg	
Potassium	300 mg	
Thiamin (Vit. B1)	0,33 mg	15%
Curcuma	80 mg	

*NRV - daily reference intakes for vitamins and minerals (adults)



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	%NRV*
Crocus	15 mg	
St. John's wort	200 mg	
Niacin	16 mg	100%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

Good Mood

Food supplement

Good Mood food supplement contains carefully selected ingredients that support the proper functioning of the nervous system and maintaining well-being. Crocus (Saffron) and St. John's wort help maintain a good mood. Niacin helps in maintaining proper psychological functions.

Saffron is the most expensive spice in the world. It contains over 150 aromatic volatile compounds including crocyn. It affects the level of serotonin and dopamine (the so-called happiness hormones) in the nervous system, thus reducing depression and apathy. Saffron also lowers the perceived nervous tension and the level of anxiety.

Indications:

- ✓ helps to maintain positive mood
- ✓ contributes to emotional balance and general wellbeing

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily. Do not exceed the recommended daily dosage, i.e. 1 capsule daily. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule
Melatonin	1 mg
Lemon balm	200 mg
Passiflora	75 mg
Hop	100 mg
Licorice	20 mg

30 capsules

Good Night

Food supplement

Good Night supports falling asleep and uninterrupted sleep. Melatonin, hop and lemon balm help fall asleep. Melatonin helps to relieve the subjective feeling of the sudden change of time zone syndrome. Hops has a positive effect on deep sleep. Licorice acts on the second phase of sleep.

Indications:

- ✓ contributes to the reduction of time taken to fall asleep
- ✓ supports calmness and helps sleep onset
- ✓ contributes to the alleviation of subjective feelings of jet lag
- ✓ has a relaxing effect and induces mental and physical well being and enables sound and healthful sleep

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily. Do not exceed the recommended daily dosage, i.e. 1 capsule daily. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



UNIQUE COMPOSITIONS

30 capsules

Gluco Control

Food supplement

Gluco Control is a food supplement for diabetics. It helps to maintain the proper level of glucose. Zinc contributes to normal acid-base metabolism. Gymnema sylvestre extract and Berberis extract help to maintain the proper level of glucose.

It is a modern product that helps to control the correct level of glucose in the blood. Perfect for diabetics.

Indications:

- ✓ helps to keep normal sugar level in organism
- ✓ contributes to decrease sweetness taste
- ✓ helps to improve blood glucose control
- ✓ helps to maintain a normal cholesterol level

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 2 capsules daily. Do not exceed the recommended daily dosage, i.e. 2 capsules daily. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	%NRV*	Content in 2 capsules	%NRV*
Mulberry extract 10:1	250 mg		500 mg	
Gymnema sylvestre extract 5:1	200 mg		400 mg	
Cinnamon extract 15:1, including 5% polyphenols	7,5 mg		15 mg	
Zinc	1,5 mg	15%	3 mg	30%
Chromium	20 mcg	50%	40 mcg	100%
Berberis aristata extract	100 mg		200 mg	
Berberine	5 mg		10 mg	

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

Citicoline Control

Food supplement

Citicoline Control is a food supplement in the form of capsules containing citicoline in high dose and highly concentrated Ginkgo biloba extract. Ginkgo biloba can help the maintenance of the proper brain performance in elderly people.

Zinc contributes to the maintenance of normal vision. Citicoline is a valuable raw material for both the central nervous system and eyesight.

Indications:

- ✓ helps maintaining mental well-being
- ✓ contributes to mental and cognitive activities
- ✓ helps maintaining memory with age decline and to preserve cognitive function
- ✓ contributes to the maintenance of normal vision

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily. Do not exceed the recommended daily dosage, i.e. 1 capsule daily. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	%NRV*
Ginkgo biloba leaves extract	100 mg	
Citicoline	250 mg	
Zinc	15 mg	150%

*NRV - daily reference intakes for vitamins and minerals (adults)



Ingredient content in the daily recommended dosage of the product:

Nutritional value	2 teaspoons (8g)	3 teaspoons (12g)
Energy value	109 kJ/26 kcal	163 kJ/39 kcal
Fat, including	0,78 g	1,16 g
- saturated fatty acids	0,10 g	0,14 g
Carbohydrates, including	0,51 g	0,77g
- sugars	0,05 g	0,07 g
Fiber	3,02 g	4,52 g
Protein	2,78 g	4,16 g
Salt	0,02 g	0,03 g
Lignans	90 mg	135 mg

200 g package

Defatted Ground Flax

Food supplement

Defatted Ground Flax contains soluble and insoluble dietary fiber, protein and lignans.

Ground flax fiber contains about 30% of mucus that swells easily and gels in water. Flax protein is one of the most biologically valuable plant proteins. It is easily digestible and rich in essential amino acids, which are essential for the body and must be supplied with food, because the human body does not produce them on its own.

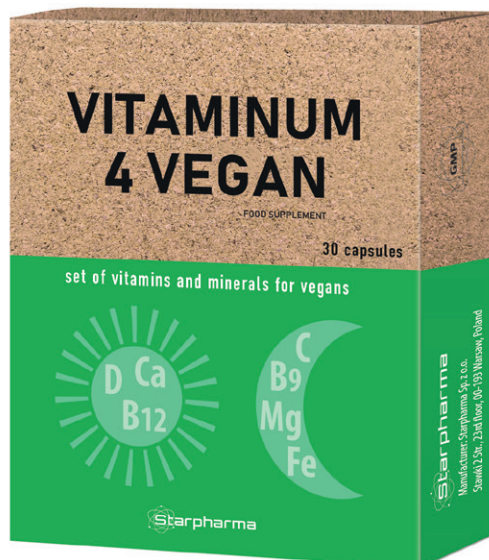
Ground flax contains 4 times less fat than traditional flax seed, which makes it almost 3 times less caloric and devoid of oily taste.

Method of preparation:

Pour about half a cup of hot water over 1 teaspoon of ground flaxseed (4g) and set aside for a few minutes, stirring several times to thicken the gruel. Take 2-3 times a day, preferably half an hour/hour before meals. The taste of the gruel can be varied depending on your preferences and dietary recommendations, e.g. with the addition of milk, juice, cereal or honey. The addition of dairy products is beneficial as they ideally complement the amino acid composition of flax.

Caution:

Do not exceed the recommended daily dosage. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. The product is intended for adults and children 12 years of age and older. Product may contain oatmeal, almonds and gluten.



Ingredient content in the daily recommended dosage of the product:

Vitaminum 4 Vegan Day		
Ingredient	Content in 1 capsule	%NRV*
Vitamin B12	100 mcg	4000%
Vitamin D3	50 mcg	1000%
Calcium	300 mg	25%
Vitaminum 4 Vegan Night		
Ingredient	Content in 1 capsule	%NRV*
Iron	20 mg	4000%
Folic acid	600 mcg	1000%
Vitamin C	80 mg	25%
Magnesium	80 mg	26,7%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 hard vegan capsules

Vitaminum 4 Vegan

Food supplement

Vitaminum 4 Vegan is a complex product containing all the most important vitamins and microelements needed for health. It is also intended to supplement the diet in needed vitamins while being on vegan diet.

Iron helps in the proper production of red blood cells and hemoglobin and helps in the proper transport of oxygen in the body. Vitamin C increases iron absorption and helps in the proper functioning of the immune system. Folic acid contributes to the proper formation of blood cells. Magnesium and calcium help in maintaining healthy bones and teeth. Vitamin D helps in the proper functioning of the immune system.

Food supplement used to supplement a vegan diet with essential vitamins and minerals. Packaging divided into vitamins and minerals for morning and evening use.

Indications:

- ✓ supplements the diet in needed vitamins while being on vegan diet

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 2 capsules daily. Do not exceed the recommended daily dosage, i.e. 2 capsules daily. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



UNIQUE COMPOSITIONS

30 capsules

Hydro

Food supplement

Hydro contains extracts of dandelion, nettle, parsley, prickly pear and grape, and zinc. ¹Dandelion, nettle, parsley support the excretion of water from the body. Zinc helps to maintain normal acid-base balance.

Indications:

- ✓ supports the excretion of water from the body

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients. Not suitable for pregnant or nursing mothers.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	%NRV*
Nettle herb extract	150 mg	-
Parsley root extract	100 mg	-
Prickly pear fruit extract	100 mg	-
Grape seed extract including polyphenols	80 mg 76 mg	-
Dandelion root extract	70 mg	-
Zinc	5 mg	50%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

Beauty

Food supplement

A food supplement for people who care about healthy skin. Zinc helps to maintain healthy skin. Vitamin C helps in proper production of collagen to ensure proper skin function. Vitamin C helps protect cells from oxidative stress. Hyaluronic acid is a building block of connective tissues, including skin. Collagen is a protein building block of connective tissue, including skin.

Indications:

- ✓ supplements the diet with the ingredients of the product

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily with water. Do not exceed the recommended daily dosage, i.e. 1 capsule daily.

A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle. Do not use in the case of hypersensitivity to any of the product ingredients. Not suitable for pregnant or nursing mothers.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	%NRV*
Vitamin C	80 mg	100%
Zinc	10 mg	100%
Hyaluronic acid	15 mg	-
Hydrolyzed collagen	200 mg	-

*NRV - daily reference intakes for vitamins and minerals (adults)



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	Content in 4 capsules
Glucomannan (konjac gum)	1g	4g

60 capsules

Glucomannan

Food supplement

Glucomannan is a water-soluble fiber that works both in the stomach and intestines by binding absorbed water and creating a sticky gel that fills the stomach, so that people taking it do not feel hungry - it suppresses the appetite. Glucomannan, in the context of an energy restricted diet, contributes to weight loss. Glucomannan contributes to the maintenance of normal blood cholesterol levels.

This is modern product that helps control weight, and, also, helps with constipation, lowering blood sugar levels, reducing cholesterol levels. Product suppresses the appetite.

Indications:

- ✓ contributes to weight loss and to the maintenance of normal blood cholesterol levels

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 4 capsules daily. Do not exceed the recommended daily dosage, i.e. 4 capsules daily. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	%NRV*
L-carnosine	400 mg	
Vitamin C	80 mg	100%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

Carnosine

Food supplement

Carnosine is an elixir of youth which improves the overall condition of the skin and reduces wrinkles. L-Carnosine is a highly effective anti-aging compound that has a strong antioxidant effect. It absorbs free radicals and has neurotransmitter properties. It has been shown that oral administration of carnosine for a period of 3 months improves the general condition of the skin and reduces wrinkles.

Vitamin C contributes to normal collagen formation for the normal function of skin and contributes to the protection of cells from oxidative stress.

Indications:

- ✓ improves the overall condition of the skin and reduces wrinkles
- ✓ has anti-aging effect

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily. Do not exceed the recommended daily dosage, i.e. 1 capsule daily. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



UNIQUE COMPOSITIONS

30 capsules

Metabolism

Food supplement

Metabolism is supplement with an unique composition based on carefully selected plant extracts and substances of natural origin. It accelerates fat burning, reduces appetite and cleanses the body of toxins.

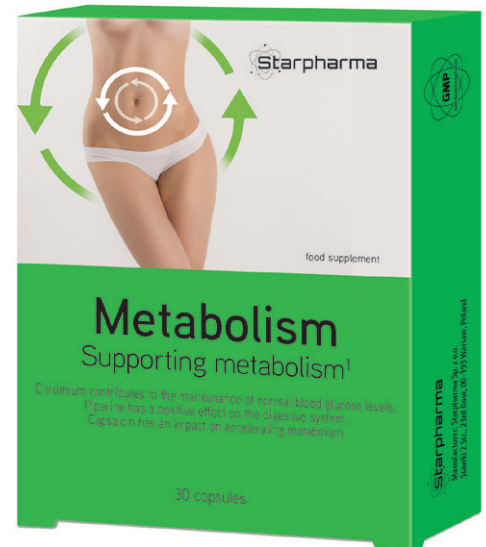
Chromium contributes to maintain normal glucose levels in blood. Piperine has a positive effect on the digestive system. Capsaicin affects the acceleration of metabolism. Capsaicin stimulates fat and carbohydrates oxidation. Niacin contributes to normal energy-yielding metabolism.

Indications:

- ✓ affects the acceleration of metabolism

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily. Do not exceed the recommended daily dosage, i.e. 1 capsule daily. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	%NRV*
Cayenne pepper fruit extract, including capsaicin	62,5 mg 5 mg	-
Black pepper extract, including piperine	400 mg 10 mg	-
Red tea leaf extract, including caffeine	400 mg 32 mg	-
L-carnitine tartrate, including L-carnitine	100 mg 68 mg	-
Chromium	200 mcg	500%
Niacin	16 mg	100%

*NRV - daily reference intakes for vitamins and minerals (adults)

30 capsules

IANA

Food supplement

Food supplement Iana contains marigold extract (containing lutein and zeaxanthin), vitamin A, B2, zinc, citicoline and bilberry extract. Lutein and zeaxanthin are natural carotenoids found in the retina of the eye, in the macula. Vitamin A and zinc contribute to the maintenance of normal vision. Riboflavin contributes to normal functioning of the nervous system.

Indications:

- ✓ contributes to the maintenance of normal vision

Recommended daily dosage, necessary for the beneficial influence of the product:

Take 1 capsule daily. Do not exceed the recommended daily dosage, i.e. 1 capsule daily. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.



Ingredient content in the daily recommended dosage of the product:

Ingredient	Content in 1 capsule	%NRV*
Lutein	20 mg	
Zeaxanthin	2 mg	
Vitamin B2	10 mg	714%
Zinc	15 mg	150%
Vitamin A	120 mcg	15%
Citicoline	500 mg	
Powdered blueberry juice / concentrate (Vaccinium myrtillus)	10 mg	

*NRV - daily reference intakes for vitamins and minerals (adults)

20 effervescent tablets

Magnesium + Vit. B Complex

Food supplement

Effervescent tablets with tangerine flavor. Magnesium + Vit. B Complex is designed for adults, who need to supplement their diet with magnesium and vitamin B. The ingredients of this product contribute to the reduction of tiredness and fatigue and to the maintenance of well-balanced cognitive functions. Magnesium helps muscles and the nervous system to function properly. Vitamin B6 contributes to the regulation of hormonal activity and helps in the proper functioning of the immune system.

Indications:

Chronic fatigue, magnesium and vitamin B deficiency.

Dosage:

1 tablet a day, dissolved in 200 ml of water.

Ingredients:

Magnesium (150 mg), vitamin B6 (1 mg), riboflavin (vitamin B2) (0,8 mg), thiamine (vitamin B1) (0,7 mg), vitamin B12 (0,5 µg).



20 effervescent tablets

Multivitamin

Food supplement

Effervescent tablets with orange flavor. Harmonious blend of vitamins and minerals, including important for the proper functioning of the body compounds which, when used regularly, allow you to stay healthy.

Indications:

Loss of vitamins and minerals, caused by stress or improper diet.

Dosage:

1 tablet a day, dissolved in 200 ml of water.

Ingredients:

Vitamin C (120 mg), magnesium (60 mg), vitamin E (15 mg), niacin (12 mg), zinc (10 mg), vitamin B6 (2,5 mg), iron (2,1 mg), thiamine (vitamin B1) (1,5 mg), riboflavin (vitamin B2) (1,2 mg), manganese (0,6 mg), copper (0,3 mg), folic acid (100 µg), vitamin B12 (3 µg).



20 effervescent tablets

Vitamin C

Food supplement

Megadose of Vitamin C (1250% of recommended daily intake). Vitamin C is a powerful antioxidant. It helps with the proper functioning of the nervous and immune system, while reducing tiredness and fatigue. Vitamin C promotes collagen production, ensuring the proper functioning of the blood vessels, bones and skin.

Indications:

Strengthens the immune system and improves body conditioning.

Dosage:

1 tablet a day, dissolved in 200 ml of water.

Ingredients:

Vitamin C (1000 mg).



Do not exceed the recommended daily dosage, i.e. 1 capsule daily. A food supplement cannot be used as a substitute (replacement) of a varied diet. Remember to have a balanced and varied diet and to lead a healthy lifestyle.

20 effervescent tablets

Active Strong

Active Strong is a food supplement in the form of effervescent tablets containing vitamin B6, vitamin B12, inositol, niacin and pantothenic acid, which contribute to normal energy-yielding metabolism and reduction of tiredness and fatigue. Vitamin B6, B12 and niacin contribute to normal psychological function and normal functioning of the nervous system. Pantothenic acid contributes to normal mental performance.

Indications:

- energy metabolism
- tiredness and fatigue
- nervous system
- mental performance
- psychological function

Dosage:

1 tablet a day, dissolved in 200 ml of water.

Ingredients:

Taurine 400 mg, caffeine 120 mg, inositol 20 mg, niacin - 6 mg, Vitamin B6 - 0,67 mg, Vitamin B12 - 0,75 mcg, Pantothenic acid - 2 mg

Food supplement Active Strong contains caffeine. It is not recommended for children and pregnant women (200 mg/daily dose of the product, i.e. 2 effervescent tablets).





Strong
Food supplements

forte
Food supplements

food supplement
Denti-Pop
Sugar Free Lollipop

food supplement
YUMIVITS



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